

PROCLAMATION

- WHEREAS, the tradition of Booker T. Washington's Negro Health Week has historically spotlighted health disparities in the Black community, fostering advocacy and education; and
- WHEREAS, holistic well-being, encompassing physical, mental, emotional, and social health, is a priority for all communities; and
- WHEREAS, addressing health disparities in Washington State, especially within the Black community, calls for initiatives that are both inclusive and resource-conscious; and
- WHEREAS, Black Wellness Week will be observed during the last week of April, with activities centered around community engagement and wellness education; and
- WHEREAS, Black Wellness Week will foster community empowerment by promoting health education and awareness tailored to the needs of the Black community, while aligning with broader universal health objectives; and
- WHEREAS, a community-driven approach, focusing on leveraging existing resources and capacities, is essential for the effective implementation of Black Wellness Week; and
- WHEREAS, Black Wellness Week will encourage local organizations, community groups, and healthcare entities to collaborate on related initiatives; promote volunteer involvement to support various activities such as organizing events, community outreach, and health education; and utilize digital platforms and social media for outreach, awareness-raising, and engagement; and
- WHEREAS, Black Wellness Week will focus on sustainable initiatives with long-term impact, integrating wellness activities into ongoing community services and programs; and
- WHEREAS, Governor Jay Inslee has issued a proclamation announcing the inaugural Black Wellness Week for April 15 to 19;

NOW, THEREFORE, we, the Metropolitan King County Council, proclaim the last week of April 2024 as

BLACK WELLNESS WEEK

in King County, emphasizing community-driven health and wellness goals.

DATED this SIXTEENTH day of APRIL, 2024.



Dave Upthegrove, Council Chair, District Five



Rod Dembowski, District One



Sarah Perry, District Three



Claudia Balducci, District Six



Teresa Mosqueda, District Eight



Girmay Zahilay, Council Vice-Chair, District Two



Jorge L. Barón, District Four



Pete von Reichbauer, District Seven



Reagan Dunn, Council Vice-Chair, District Nine